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Daffodil International University

Department of Genetic Engineering and Biotechnology
Faculty of Health and Life Sciences
B.Sc. (Hons.) in Genetic Engineering and Biotechnology
Midterm Examination Fall 2025

Course Code: AOL0223-1309
Level and Term: L-1,T-3
Time: 1 hour 30 minutes

Section: 251 (A+B)

Course Title: Art of Living
Course Teacher Initial: FAA
Total Marks: 25

Splitting any answer is strictly prohibited

			Marks
	Explain a situation where you feel stuck and overwhelmed, how can the concept of "coming out of the box" push you to find alternative solutions? How does stepping outside your usual approach lead to new insights and opportunities?	[CLO1, PLO2,C2]	5
	Interpret what role does failure play in building self-esteem? How can take ownership of your mistakes and learning from them help you build greater self-confidence?	[CLO1, PLO2 ,C2]	5
3	You are invited to a close friend's birthday dinner at a restaurant. During the meal, a few guests speak loudly, make fun of the restaurant staff, and ignore basic table manners. **Apply** appropriate social etiquette to show how you would respond politely and respectfully in this situation. How would you act to set a positive example for others?	[CLO2, PLO9 ,C3]	5
4	At weddings and buffet-style restaurants, many people take excessive amounts of Food on their plates but leave most of it uneaten. This waste occurs even as others around them may be struggling with hunger. The practice has become common, but it raises questions about the values we hold regarding resources and others' well-being. Why is it important to consider the well-being of others when we have plenty? **Analyze** several ways this consideration can help build a more balanced and compassionate society.	[CLO3,PLO11,C4]	5
5	Your parents want to know about what's going on in your life, but you feel like they're too controlling or not giving you enough space. When you do try to talk to them, they may seem judgmental or overbearing. As you grow older, you start to realize that your parents' judgment and guidance were actually beneficial.		
(a)	**Evaluate** the role your parents' judgments and guidance played in your personal growth. To what extent do you believe their approach was effective, and what reasons support your evaluation?	[CLO4, PLO6 ,C5]	2.5
(b)	**Judge** which parenting style and values would be most effective in raising a well-balanced child. Justify your choices based on your understanding of positive upbringing and personal experience.	[CLO4, PLO6 ,C5]	2.5