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Daffodil International University

Faculty of Science & Information Technology
Department of Computing and Information System(CIS)
Midterm Examination, Spring-2025

Course Code: AOL101 **Course Title: Art of Living**

Level: 3 Term: 1

Exam Duration: 1.5 Hours Marks: 25

Answer ALL Questions

[The figures in the right margin indicate the full marks and corresponding course outcomes. All portions of each question must be answered sequentially.]

1.	Ethics and values play a crucial role in shaping both individual behavior and societal norms. Values are the fundamental beliefs that guide a person's actions, such as honesty, respect, and responsibility. Ethics, on the other hand, refers to the moral principles that govern behavior in a professional or social setting. While values are personal and subjective, ethics are often influenced by societal expectations and professional standards. Ethical dilemmas arise when there is a conflict between personal values and professional responsibilities. For example, a journalist who values honesty may struggle when asked to withhold certain information to protect national security. Ethical decision-making requires critical thinking and the ability to balance personal beliefs with social and professional obligations. Leaders and professionals must follow ethical guidelines to maintain trust and integrity. Ethical behavior is essential in all fields, from business to medicine, as it ensures fairness, accountability, and long-term success.		CO4 L-1,2,3,4
	a. Suppose you are a journalist facing an ethical dilemma similar to the one described in the passage. How would you apply ethical decision-making principles to resolve the situation?	[5]	
	b. Examine the role of ethics in professional fields such as business and medicine. How does ethical behavior contribute to long-term success?	[5]	
	c. Discuss how personal values can sometimes conflict with professional ethics. Provide an example from the passage and suggest possible ways to handle such conflicts.	[5]	

2.	Abir, a university student, always excelled academically and was praised for his intelligence. However, when faced with a difficult assignment, he struggled and gave up quickly, believing that he simply wasn't good at the subject. Instead of seeking help or trying different approaches, he avoided similar challenges in the future. Over time, his confidence decreased, and he missed opportunities for growth. This scenario reflects a fixed mindset, where individuals see intelligence and abilities as unchangeable. In contrast, a growth mindset encourages perseverance, learning from failure, and		CO3 L-3,4

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	continuous improvement. People with a growth mindset believe that effort and strategies can improve abilities. If Abir adopted a growth mindset, he could approach challenges with resilience, seek feedback, and develop problem-solving skills. By shifting his mindset, he would enhance not only his academic performance but also his overall personal and professional growth.		
	a. If you were Abir's mentor, how would you guide him to develop a growth mindset and overcome his academic struggles?	[2]	
	b. How can adopting a growth mindset positively impact a student's academic and professional success? Discuss with real-life applications.	[3]	

3.	Parents play a crucial role in shaping a child's development, providing love, guidance, and emotional support. From birth, children rely on their parents for security, self-worth, and identity. However, as children grow older, their responsibilities towards their parents also increase. Valuing parents involves spending quality time with them, expressing gratitude, and helping them in daily tasks. Strong bonding with parents ensures a healthy relationship and emotional well-being. Additionally, self-parenting is essential for emotional growth, allowing individuals to nurture themselves with compassion and self-care, especially if they lacked emotional support in childhood. Parents also teach social values that guide interactions with peers and friends, emphasizing cooperation, commitment, and respect in relationships. Understanding the balance between personal growth and responsibility towards family and friends is key to maintaining meaningful and supportive relationships throughout life.		**CO2** *L-3,4*
	a. Explain the importance of valuing parents and how it strengthens the parent-child relationship.	[2]	
	b. Suppose a person has had a difficult relationship with their parents. How can self-parenting help them develop emotional well-being?	[3]	