ourdiu.com | Shared by Takwane Tahsen Ahmmed Anon

Daffodil International University

Department of Genetic Engineering and Biotechnology
Faculty of Health and Life Sciences
B. Sc. (Hons.) in Genetic Engineering and Biotechnology
Midterm Examination Fall 2026

Course Code: AOL 0223-1309
Level and Term: L1, T3
Time: 1 Hour 30 Minutes

Section: 261 A

Course Title: Art of Living
Course Teacher Initials: SS
Total Marks: 25

Answer all the questions

			Marks
1	Imagine you are a goldfish that stays in a small bowl because it feels safe. **Explain** the idea of "coming out of the box" through this image and why staying in your comfort zone can limit your personal growth. Discuss at least four ways in which you can leave the bowl and step out of your comfort zone in your academic and social life.	[CLO1, PLO12, C2]	5
2	Tomorrow you must attend a formal job interview, or meet a senior faculty member. **Apply** the concepts of etiquette and impression management to prepare a five-point plan for yourself. Show how each point builds respect and trust.	[CLO3, PLO6, C3]	5
3	Tonight at the family dinner table, you plan to tell your parents about a career dream that is different from what they expect. **Analyze** the role of parents in shaping your life and living. Suggest at least four ways in which you can communicate honestly, show gratitude and make independent decisions while maintaining healthy family relationships.	[CLO2, PLO6, C4]	5
4	Your university is launching a "Values Week" campaign, and you have been invited to speak at the opening ceremony. **Evaluate** how practising universal human values such as honesty, integrity, compassion and respect can improve your character and your community. Justify your view with at least four values and suitable examples.	[CLO1, PLO11, C5]	5
5	Using the concept of psychosocial support, **design** a support plan for a student who is facing loss of a job opportunity. Show how the student can manage emotions, seek help and rebuild confidence.	[CLO2, PLO12, C6]	5