ourdiu.com | Shared by Taohid Hassan Shahed

Daffodil International University

Faculty of Science & Information Technology

Department of Software Engineering

Midterm Examination, Summer 2026

Course Code: AOL101; Course Title: Art of Living

Sections & Teachers: FRR(A), RMS(B), DDK(C), MJM(D), MSP(E,F,G,H), SAM(I,J,K)

Time: 1 Hour 30 Mins **Marks: 25**

Answer ALL Questions

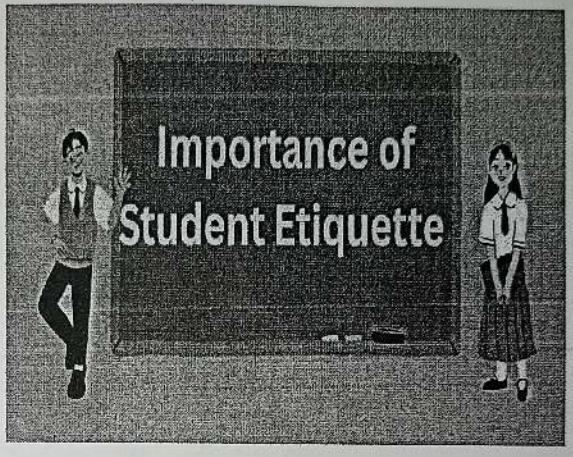
[The figures in the right margin indicate the full marks and corresponding course outcomes. All portions of each question must be answered sequentially.]

1.	*a)*	Moni grew up in a sheltered environment. As a result, she is very shy and often remains socially isolated. Her lack of social skills affects her ability to express herself, even though she is academically excellent. Now, as a university student, she still faces many difficulties interacting with teachers and peers.	**[Marks-5]**	**CLO-1** *Level-2*
		Explain and identify the characteristics reflected in Moni's behavior. Write the steps she should take to come out of her comfort zone and increase personal and professional growth?		
	b)	Babu spends most of his weekends with friends and rarely joins family gatherings. When his parents try to spend time with him, he often says he is too busy. Gradually, his parents feel disconnected from their son, and family communication becomes weaker.	**[Marks-5]**	
		Summarize the responsibilities of babu has towards his parents. Explain how maintaining regular communication and spending quality time with family can strengthen family relationships.		
2.	*a)*	Pranto worked hard for his midterm examination but did not achieve the expected result. He became disappointed and started believing that he was not capable of succeeding.	**[Marks-5]**	**CLO-2** *Level-4*
		Explain the full meaning of 'FAILURE' with examples. Explain how Pranto should view failure as an opportunity for growth rather than a permanent setback.		
	b)	Joynal Abedin spends most of his time playing online games, sleeps late at night, and often skips breakfast. Recently, he feels tired and struggles to concentrate in class.	**[Marks-5]**	
		Investigate the unhealthy lifestyle habits in Joynal's daily routine. Discuss the importance of maintaining a healthy lifestyle and suggest ways to improve his physical and mental well-being.		

ourdiu.com | Shared by Taohid Hassan Shahed

3.





CLO-3
Level-5

a)	**Interpret** all the basic etiquettes with examples. Mention the classroom etiquette and its importance.	**[Marks-5]**

ourdiu.com