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Daffodil International University

Faculty of Science & Information Technology
Department of Computer Science & Engineering
Midterm Examination, Summer 2026
Course Code: AOL101 , Course Title: Art of Living
Level:2 Term:2 Batch: 68

Time: 01:30 Hrs **Marks: 25**

Answer ALL Questions

[The figures in the right margin indicate the full marks and corresponding course outcomes. All portions of each question must be answered sequentially.]

1.	Jasper spends most of his free time on social media. His parents notice that he has become less interested in family activities and schoolwork. They are concerned about how excessive social media use may affect his development. Based on your understanding of *Parents, Life, and Living*, Discuss how supportive parental guidance can help teenagers maintain a healthy balance between online and offline activities.	[5]	CO1
2.	Mim was a university student who always followed the same study routine before examinations. Despite studying hard, her results remained average. One day, her teacher suggested that she try new learning methods such as group discussions, mind mapping, and online educational resources. At first, Mim was hesitant because she was comfortable with her old habits. However, after experimenting with these new approaches, she became more engaged in learning, improved her understanding of difficult topics, and achieved better academic results. She also developed greater confidence in solving problems creatively. Based on the concept of Coming Out of the Box, discuss how Mim's willingness to adopt new ideas and approaches contributed to her personal growth and academic success. Explain why stepping outside one's comfort zone is important for creativity, problem-solving, and achieving future goals.	[5]	CO1
3.	Rafiq was an ambitious university student who dreamed of becoming a successful entrepreneur. During his final year, he invested most of his savings and borrowed money from relatives to launch an online business with two friends. At the same time, he was preparing for his final examinations and applying for internships. However, due to poor planning, lack of market research, and disagreements among team members, the business failed within a few months. As a result, he lost money and damaged his relationship with his friends. The stress from the business failure affected his studies, and he performed poorly in his final examinations. Soon after, he was rejected from several internship opportunities because of his low academic performance and lack of experience. His family members criticized his decisions and advised him to stop taking risks. Gradually, Rafiq began to lose confidence in himself. He started comparing himself with his successful classmates and developed a fear	[5]	CO2

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	of failure. He avoided applying for new opportunities because he believed he would fail again. Although he still had dreams and goals, he felt trapped by his past mistakes and could not decide how to move forward. Using the FAILURE = Success framework, demonstrate Rafiq's situation and show how he can transform his failures into opportunities for learning, personal growth, and future success. Also discuss how overcoming failure phobia can help rebuild his self-esteem and motivate him to achieve his long-term goals.		
4.	In today's society, fashion trends change rapidly due to social media influence, advertising, and peer pressure. As a result, many people frequently buy new clothes not because they need them, but to follow trends, maintain social image, or feel accepted among others. Even when they already have sufficient clothing, they continue purchasing more items for style and appearance. This leads to many clothes being worn only a few times before being discarded or left unused. At the same time, many underprivileged people still struggle to access basic clothing needs. This growing difference between overuse and lacking basic needs raises important concerns about using resources responsibly, being socially aware, and protecting the environment. Based on the concepts of Psychosocial Support, Emotional Growth, and Personality, compare a person who regularly engages in unnecessary purchasing with a person who spends responsibly from the view of their behaviors, personality development, emotional well-being, social relationships, and overall impact on society.	[5]	CO3
5.	Tanvir recently joined a software development company as a junior engineer. While working on an important project for a major client, he discovered a serious error in the system that had been unintentionally introduced by one of his senior colleagues. The mistake was difficult to detect and would likely remain unnoticed until after the software was delivered. Reporting the issue could delay the project, increase costs, and create tension within the team. After careful consideration, Tanvir informed the project manager about the problem and volunteered to help resolve it. The company decided to notify the client and request additional time to ensure the quality of the final product. Although some team members were frustrated by the delay, the client appreciated the company's honesty and professionalism. In the following months, the company received additional projects from the same client, and Tanvir became known as a dependable and trustworthy employee. Connect the ethical values demonstrated in the scenario to the personal, professional, and organizational benefits achieved by the individuals involved.	[5]	CO3