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Daffodil International University

Department of Genetic Engineering and Biotechnology
Faculty of Health and Life Sciences
B.Sc. (Hons.) in Genetic Engineering and Biotechnology
Final Examination Fall 2025

Course Code: AOL0223-1309 **Course Title:** Art of Living
Level and Term: L-1, T-3 **Section:** 251 (A+B) **Course Teacher Initial:** FAA
Time: 2 hours **Total Marks:** 40

Splitting any answer is strictly prohibited

			Marks
1	**Illustrate** a mind map on Healthy Lifestyle. Describe how you currently manage your health in areas such as daily habits, nutrition, exercise, sleep, and mental well-being. For any areas that you do not manage well, explain strategies or actions you could take to improve them.	[CLO1, PLO2, C2]	8
2	**Explain** how you can use the concept of Ikigai to handle the pressure of choosing a career influenced by your family, society, or peers. Describe how this concept can guide you in selecting a path that aligns with your passion, strengths, and purpose.	[CLO1, PLO2, C2]	8
3	**Discuss** a social contribution you made. How did this activity help promote sustainability or well-being in your community, and which SDGs does it relate to?	[CLO2, PLO9, C3]	8
4	With the rise of AI-based tools, many students use AI-generated reports for assignments and online quizzes. From an ethical standpoint, analyze whether relying on AI for academic work is morally justifiable. List your reasoning in clear points.	[CLO3, PLO11, C4	8
5	You and your team are presenting a group project in front of the class and your course teacher. You're responsible for introducing the topic and ending the presentation with a summary. The projector suddenly malfunctions, and all eyes are on you. You feel a bit flustered, but you know you need to keep your composure and maintain the audience's attention.		
	(a) What does "first impression" mean to you in this scenario? **Assess** how different factors (such as appearance, confidence, and communication) contribute to creating a strong and positive impression in front of your classmates and teacher. Justify your evaluation with examples.	[CLO4, PLO6, C5]	4
	(b) Evaluate the importance of adjusting your tone and delivery when speaking to a classroom audience. Compare this with casual conversations and assess how the differences impact the audience understands and engagement during a presentation.	[CLO4, PLO6, C5]	4