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Daffodil International University

Department of Software Engineering
Faculty of Science & Information Technology
Midterm Examination, Spring 2025
Course Code: ENG-101; Course Title: English-I
Sections & Teachers: All Sections; MA, JC, SIS

Time: 1 Hour 30 Mins **Marks: 25**

Answer ALL Questions

[The figures in the right margin indicate the full marks and corresponding course outcomes. All portions of each question must be answered sequentially.]

Read the Passage Carefully and Answer the Questions that Follow:

Sleeping On The Job

North Americans are a group who do not take naps. Generally, Afternoon naps denote inefficiency and laziness. Latin American and some European cultures have a similar perspective. Taking naps during noon and 4:00 p.m. is common in nearby companies of Mexico and Greece. Recent research suggests that 15 - 30 minutes rest at work in the evening will serve employees to be more conscious, energetic and happier in what they are doing. They also become optimistic and carry the task more confidently. Still, napping on the work has not become normalised. In the academic world, there is a serious debate happening on the topic of "power napping" benefits.

Some data reports that by estimating the standard of eight hours of sleep per night, the average American has 500 hours of sleep debt or sleep deficit. The National Sleep Foundation in America conducted a survey in which it is found that two out of every three Americans have less than 7 hours of sleep per night during the business week. 40 percent of people claim that fatigue disturbs their everyday lives. Exhaustion is considered as a major issue in contemporary culture by William Anthony, a professor of psychiatry at Boston University. He claims that after drunkenness, sleeping is the leading cause of car crashes. Professor Anthony says that "We have a clear message".Citizens should be allowed to sleep after their breaks. It is reasoned based on productivity. They will not be efficient if they are tired and asleep on the job.

Majorly for safety reasons, most employers motivate employees to sleep at work. The Metropolitan Transportation Authority, which runs both the New York subway system and the two commuter railroads, is permitting its bus and train technicians to take power sleep. One more railway starts to allow its train drivers to sleep about 45 minutes, during which trains are delayed when specified off-main-line locations and when emergency responders have been alerted. Some international airlines permit airline pilots to sleep in the cockpit, when they are not on service. United States' airline companies still have not agreed to this procedure.

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According to the Encyclopedia of Sleep and Dreaming, taking naps in mid afternoon is regarded as a biologically-based inclination and so the habit of sleeping at night is formed. If the required sleep limit is disrupted or disturbed for some reason, a nap acts as an adjustment. Additionally, it could reduce sleepiness and boost metabolism. Many experiments suggest that the nap zone occurs between midday and 3:00 p.m. To solve this problem, several people use caffeine or sugar. But, the employee's mood and efficiency will improve, if they are permitted to take naps.

Workers could have the ability to focus better and complete assignments without taking a single day out. Still, Workers take naps without authorization, though some businesses started to implement the naps for employees to increase productivity. One of the US companies is constructing a 2,000 square foot building for nap which can be filled upto 20 of its employees at any given time. Even a Japanese firm in their corporate offices, sets up tents and gives eyeshades and earplugs and permits workers to take naps during the workday. According to Professor Anthony, napping will not be one of the operational activities. It will have a great influence on productivity. Smart managers identified that workers need rest in order to perform well in their work. There is also a belief that company naptime is just a way to keep employees to work for longer periods of time. On the other hand, nap days come so frequently as work hours become more flexible for certain employees. Office hours are being there till employees awake. About 11 million Americans are teleworking and forty million spending bonus full or part time. Production hours are also increasing which takes their toll. As a consequence, Americans sleep little and work more hours. By understanding this, companies arrange quick naps for employees in the middle of the day for the benefit of the companies.

1.	*a)*	**Classify** the following statements as Yes/No/Not Given based on your reading of the passage. i. Recent research says that power napping does not have any impact on employees. ii. Americans have a sleep debt of 500 hours. iii. Power Naps will increase the age. iv. One US company built a 2,000-square-foot building for play.	[4x1=4]	CLO-3 *Level- C4*
	b)	**Select** the correct information from the passage to complete the sentences below. i. Citizens should be allowed to sleep after their ____ which will increase their productivity. ii. Employees' mood and _____ will improve if they are allowed to take nap. iii. A nap can reduce sleepiness and boost _____ iv. Smart managers recognize that workers need _____ to perform better in their work. v. Nap days come so frequently as work hours become more ____for certain employees. vi. American employees take a nap at midday to _____ their companies.	[6x0.5=3]	

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2.	a)	**Identify** an appropriate article (a/an/the/put cross for no article) to fill in the gaps. During (i)____ summer vacation, I visited (ii) ____ beautiful country called (iii)____ Switzerland. I stayed in (iv)____ charming village nestled in (v)____ Alps. Every morning, I enjoyed a fresh coffee and a croissant from (vi)____ local bakery. One day, I decided to explore(vii) ____ nearby lake that was known for its crystal-clear water. I rented (viii)____ small boat and spent the afternoon paddling around, admiring (ix)____ breathtaking scenery. By the end of my trip, I felt refreshed and inspired by (x)____ serene environment.	[10x0.5=5]	CLO- 1 *Level- C1*
	b)	**Write** the correct form of the verb in the brackets to complete the following sentences. i. We _____ (wait) for the bus for over an hour before it finally arrived. ii. She _____ (not visit) her grandparents last weekend. iii. I usually _____ (go) to the gym after work. iv. At 7 p.m. yesterday, they _____ (watch) TV. v. We _____ (live) in this city for ten years.	[5x1=5]	
3.		Construct a paragraph on the following topic Your Neighborhood Or A frightening/ dangerous experience.	[1x8=8]	CLO- 4 *Level- C3*

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